



A RACE FOR ALL ABILITIES

We are proud to introduce our 1st annual **Miracle 3:59 Mile- "A Race for All Abilities"** presented by **Lockshield Partners and My 3:59**. This **FREE** race is specifically designed for those athletes with a mental or physical disability. Our untimed, closed 1/4 mile course has large crowds and is the official kickoff to the Bowling Green Christmas Parade. The race will be staged and start near Lawton Insurance downtown on State Street and finish at Booth Fire and Safety. This event will take place on 12/7/19 at approximately 9:20am.

Because of the Christmas Parade- most downtown streets close at 8:55am so we strongly encourage everyone to arrive early and be at Lawton Insurance parking lot prior to 9:00am.

All registrants will receive:

***Event Long Sleeve Tech shirt**

Santa Hat

Finishers medal

Our famous Pancake and Bacon breakfast at the Finish Line Sponsored by M&L Electrical

**Only athletes will receive Free Tech Shirts. Additional Shirts can be purchased for \$15 by filling out this form or registering at www.lifesbettertogether.org*

Register online and get additional details at www.lifesbettertogether.org

Name _____ Date of Birth _____
Shirt Size: YM YL AS AM AL AXL A2XL A3XL
Address _____ City _____ St _____ Zip _____
Phone _____ email _____

This is a **FREE** event but if you'd like to make a tax-deductible donation please send to:

Life's Better Together

PMB 205

1945 Scottsville Rd, B-2

Bowling Green, KY 42104

Entry fees are non-refundable. In consideration of this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all claims for damages I may have against any of the sponsors for any and all injuries suffered by me in said event. I attest and verify that I was physically fit and have sufficiently trained for the completion of this event. I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, motion pictures, recordings or any other record of this event for any purposes whatsoever.

Signature of Individual

Family member/ Guardian if under 18

